





# MILLVILLE PUBLIC SCHOOLS MEMORIAL SCHOOL LUNCH MENU

November 2016



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, In addition, a choice of milk. Milk choices include skim milk, 1% white and skim chocolate. School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Memorial High School Offers a "Build Your Own" Salad Bar Daily.	 Fresh Fruit Offered Daily Based on Availability	 Choose <b>MyPlate</b> .gov	Millville Public Schools offers <b><i>Myschoolbucks.com</i></b> an online payment and cafeteria information source.	
	1 "Chicken Bowl" Popcorn Chicken Over Mashed Potatoes/Gravy/ Cheddar Cheese and Corn 100% Fruit Juice Cup	2 Meatball Parmesan Sandwich Baked Fries Steamed Broccoli Fruit	3 Roasted Chicken Or Roasted BBQ Chicken Mash Potatoes w/ Gravy Peas Dinner Roll	4 Pizzeria Style Pizza Toss Romaine Salad Green Beans Fries Fruit
7 Burger Bar Sautéed Onions/Peppers French Fries Bake Beans	8 Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Carrots	9 Pizzeria Style Pizza Or Buffalo Chicken Pizza Toss Romaine Salad Green Beans Fries	10 No School NJEA Conference	11 No School NJEA Conference
14 Cheese Quesadilla Served with Salsa Whole Grain Fiesta Rice Carrots	15 Meatball Tossed Romaine Salad Broccoli Fruit	16 Spicy Chicken Ranch Wrap Tossed Romaine Salad Fries Corn	17 Roasted Turkey W/ Gravy Mashed Potatoes Stuffing Green Beans Cranberry Sauce	18 Pizzeria Style Pizza Toss Romaine Salad Spinach Fries Fruit
21 Nacho Bar Nachos or Soft Taco Lettuce/Tomato/Cheese/Sour Cream/Salsa Whole Grain Fiesta Rice Corn	22 Sloppy Joe Served On A Kaiser Roll Baked Macaroni And Cheese Peas	23 No Lunch ½ Day	26 No School Thanksgiving Break	27 No School Thanksgiving Break
28 Chicken Parmesan Over Pasta or on a Bun Steamed Broccoli Fresh Fruit	29 Cheese Burger Bar Or All Beef Hot Dog Bake Fries Baked Beans	30 Popcorn Chicken Or Chicken Tenders Mash Potatoes w/ Gravy Spinach Fruit		

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES

HOT SPICY CHICKEN PATTY ON A BUN, BUFFALO CHICKEN WRAP, PIZZA, CHICKEN PATTIES

Fresh Fruit and 100% Fruit Juice Offered Daily Based on Availability

LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(\*If Qualified) USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.